



## JUNE 2018: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	1 Classic Cheese Pizza Margherita Pizza Garlic Knot Roasted Chickpea with Basil Pesto Salad Bar Fresh Marinated Vegetable Salad
4	5	6	Anniversary Day 7	8
Baked Penne  Garlic Toast  Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad	Vegetarian Chili Served with Rice and Salsa  Sweet Plantains  Baked! Tostitos® Scoops®  Salad Bar Fresh Cilantro Slaw	Zucchini Parmigiana Served with Whole Grain Pasta  Kale Caesar Salad  Seasoned Wedge Fries  Salad Bar Confetti Corn Salad	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa  Stewed Pinto Beans  Salad Bar Kale Salad Fresh New York Apples	Classic Cheese Pizza  Veggie Pizza  Green Garden Salad  Salad Bar Italian Marinated Cucumber Salad
11	12	13	New York Thursday 14	Eid al-Fitr 15
Clerical Day K-8  Crunchy Tofu with Korean BBQ Sauce  Vegetable Fried Rice  Vegetable Egg Roll with Duck Sauce  Salad Bar Italian Classico Salad	Roasted Chickpea Tagine  Warm Dinner Roll  Sweet Potato Wedge Fries  Sweet Plantains Salad Bar Caesar Salad	Cheesy Bread Marinara Sauce  Broccoli Trees  Green Garden Salad  Salad Bar Carrot & Lemon Salad	Braised Black Beans with Plantains Served with Rice  Seasoned Wedge Fries  New York Cookie Treat  Salad Bar Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza  Pesto Pizza Fresh Basil & Tomatoes  Garlic Knot  Chickpea Salad Salad Bar Roasted Broccoli & Cauliflower Salad
18	19	20	New York Thursday 21	22
Mexicali Chili with Rice and Salsa  Honey Corn Muffin  Sweet Plantains  Salad Bar Green Garden Salad	Black Bean Quesadilla with Rice and Salsa  Seasoned Wedge Fries  Spring Mix Salad  Salad Bar Greek Zucchini Salad	"Super Chef" Veggie Shepherd's Pie A Delicious Blend of Mashed Potatoes, Beans & Cheese  Garlicky Green Beans  Warm Dinner Roll  Salad Bar Spinach & Cranberry Salad	Tofu Burrito With Cheese and Salsa  Served With Rice  Sweet Potato Waffle Fries  Salad Bar Healthy Cole Slaw Fresh New York Apples	Classic Cheese Pizza  Margherita Pizza  Garlic Knot  Roasted Chickpea with Basil Pesto Salad Bar Fresh Marinated Vegetable Salad
25	Last Day of Classes 26	27	New York Thursday 28	29
Baked Penne  Garlic Toast  Roasted Zucchini  Salad Bar Broccoli and Cranberry Salad	Vegetarian Chili Served with Rice and Salsa  Sweet Plantains  Baked! Tostitos® Scoops®  Salad Bar Fresh Cilantro Slaw	Zucchini Parmigiana Served with Whole Grain Pasta  Kale Caesar Salad  Seasoned Wedge Fries  Salad Bar Confetti Corn Salad	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa  Stewed Pinto Beans  Salad Bar Kale Salad Fresh New York Apples	Classic Cheese Pizza  Veggie Pizza  Green Garden Salad  Salad Bar Italian Marinated Cucumber Salad

### OFFERED DAILY

#### Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Hummus Grab & Go
- 8 oz. Yogurt Grab & Go

#### Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

#### Seasonal Fresh Fruit

- Apples, Oranges,
- Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

#### Homemade Dressings

- Balsamic Vinaigrette
- Caesar
- Italian Vinaigrette

#### Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

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MENUS ARE SUBJECT TO CHANGE  
SCHOOLFOOD MENUS ARE PORK FREE

